

Places To Go & Things To Do

Do You Want To Control Your Diabetes Better? African Americans are approximately twice as likely to be diagnosed with diabetes. Investigators at Emory University are inviting individuals to participate in a lifestyle program to help with diabetes self-management. You may be eligible if you are African American, over 18 years old, and have a diagnosis of uncontrolled diabetes (HbA1C >8). If you qualify after additional testing, you will be offered a FREE three-month program. This study involves NO drugs or devices, and compensation will be provided for your time and travel. For more information, please contact us at: emoryfpm@gmail.com or 470.558.5144

The 2nd Annual MLK Race For The Dream Marathon, Half Marathon, 10K, 5K, and Bike Tour is a January 13, 2019 Virtual Event. This will allow for Global participation in the Celebration of Dr. King's Holiday. Race SWAG will consist of finisher medal, commemorative race T-shirt, & Bib. Visit WWW.MLKJDMA.COM for registration and details.

Breakfast with Santa to Benefit the Stone Mountain Co-operative Ministry -- Saturday, Dec. 1, 2018, 8:30 a.m. – 11:00 a.m. Includes breakfast with Santa, silent auction, Santa's Secret Shop, photo op (your camera) with Santa. **Tickets \$7, children three and under eat free.** Fellowship Hall, Eastminster Presbyterian Church, 5801 Hugh Howell Road, Stone Mountain

11th Annual Christmas Tree & Wreath Sale -- Sale starts Nov 23 at 9AM, **5% discount on pre-orders Nov. 1 - 22 on our website.** Sale Hours: Tue-Fri 4:30-8:30PM, Sat 9AM-8:30PM, Sun 1PM-8:30PM. Call the church office to volunteer. **First Christian Church of Decatur**, 601 West Ponce de Leon Avenue, Decatur, Georgia 30030. 404-378-3621. www.DecaturDisciples.org

IT'S BACK! Join GO Kickball's most spirited social event, the Santa Cup In Hand Tournament on Dec, 15 in Brookhaven @ Blackburn Park! End the year right by playing a game of good ol' kickball while getting tipsy with a refreshing beer in hand. **Also enjoy great music from a killer DJ, fun games and goodies from various vendors all over Atlanta!** Visit gokickball.com/santa for more info.

Local Author Book Signing -- Charles de Andrade – Chosen, Intervention, Damaged Goods, Homecoming. Christian Historical Fiction – Come Meet The Author. **Saturday November 17, 2018 - 10 AM – 3 PM Southern Pen Bookshop**, Monroe Mercantile Co. located at 113 N Broad Street, Monroe, Georgia 30655. www.stewardseries.com

Don't give kickball the cold shoulder this Winter.. get outdoors and play GO Kickball! GO combines the fun-for-all sport of kickball with a social aspect that's unmatched, creating an enjoyable way for adults to meet new people, grow relationships, and stay active in a comfortable, non-intimidating atmosphere. **Registration for Winter opens Oct 11th through Nov 26th.** Visit GoKickball.com for more info!

HOLIDAY IN SMOKE RISE CRAFT SHOW Vendor space still available! Calling all vendors and crafters! Our 2018 craft show will be Saturday, December 1, 2018 from 9am-4pm at Smoke Rise Elementary School, 1991 Silver Hill Rd. Our show is 40 years old and is located in the Tucker area. We would love to partner with you this holiday season. **If you're interested and have further questions about rates or registration, please go to our website:** www.holidayinsmokerise.com or contact the coordinator at coordinator@holidayinsmokerise.com

DID YOU KNOW? There is a new Worship Place right in your neighborhood... A new place to connect with God, and your neighbor - **Conquering Faith church at Berkeley Lake Chapel is there for you.** If you enjoy singing, worshipping, fellowship, and making new friends, then Conquering Faith Church is the place for your family. People serving people. For additional information, please call 678-567-4448 or email conqueringfaithchurch@gmail.com.

Multi-Author Book Signing 10+ Authors, 25 + Titles – Many Genres – Biography, Historical Fiction, Mystery, Faith, Young Adult. **Saturday December 1, 2018 10 AM – 3 PM.** Newsong Church, **628 Camp Lake Rd, Monroe, GA 30655** Come Meet The Authors! Great Gifts ---- Info: Charles 772-584-1578

Holiday Jewelry Sale! Saturday, December 1st from 10 am to 5 pm. Come to the **Metal Arts Guild of Georgia's 5th Annual Holiday Jewelry Sale** and find a special piece of jewelry for the holidays. You'll find distinctive, innovative, and contemporary jewelry made by 22 local artisans. **Rock Springs Presbyterian Church Fellowship Hall**, 1824 Piedmont Ave. NE, Atlanta. The Metal Arts Guild of Georgia (MAGG) is dedicated to advancing and nurturing professionals, designers, instructors, and hobbyists engaged in the fine art of metal smithing. For Information: www.metalartsguildga.org

Spiritual Formation: Maturing from Milk to Meat A 6-week study of spiritual practices from Marjorie Thompson's book "Soul Feast". Led by: Daphne Reiley and Rev. Dr. James Brewer-Calvert. **Sunday Mornings at 9:15am** (November 4 & 11) OR **Thursday Evenings at 7:00pm** (November 1 & 8). Class enrollment limited to 20. Register for the full series by email at fcdecatur@gmail.com or call 404-378-3621. First Christian Church of Decatur, 601 W. Ponce de Leon Ave., Decatur, GA 30030

ARTucker – November 3rd -- Purchase original artwork made by over 50 local artists. This family friendly indoor event features painters, potters, photographers, jewelers, and more. Free face painting for the kids. **Music and food too!** A fun day for all. **Tucker Rec Center**, 4898 LaVista Rd, Tucker 30084

ART Station presents America's funniest holiday show, A Broadway Christmas Carol, running Dec 6 through Dec 21 with performances Wednesdays through Sundays. **Call the ART Station box office at 770 469 1105 or visit the online box office at www.artstation.org.** The show is a jazzed-up holiday classic not to be missed.

Beyond the boundaries! **ATLANTA CELLI quartet combines classical music with jazz, Broadway, popular, and klezmer styles for a unique and exciting sound.** Expand your musical horizons with **ATLANTA CELLI on SUNDAY NOV. 4TH at 2 P.M. at Congregation Shearith Israel**, 1180 University Dr. N.E. Admission \$5, Value: Priceless

Christian Fellowship for 30 to mid 40 year olds. It meets at Luxomni Baptist Church (175 Luxomni Rd. Lilburn) at 6:00pm on Sunday. We will be doing a study on Healthy Relationships. For more info call Jack at 404-428-9526.

Free English as a Second Language and Citizenship classes. Citizenship classes are on Wednesdays from 6:15-7:30 beginning September 5. English classes begin on September 7. They are held on Friday mornings from 10:00-12:00. Classes are free, but the textbooks are \$20. Classes are at Briarlake Baptist Church, 3715 LaVista Road. For more information, contact Diane Lewis @ 404-296-5429 or delatl@att.net.

Volunteer Musicians Wanted: Help erase the stigma of mental illness through music with Me2/Orchestra Atlanta! We need musicians with mental health challenges and supportive neighbors. All playing levels welcome. UU Congregation of Gwinnett. Thursday nights at 7:00 pm. Contact Jen Garrison at 1blonde.violin@gmail.com or (770) 617-2313 for more information.

"Scribblers" a group of Christian authors and writers is expanding to include 2 meetings: Scribblers-Norcross meets at 6:00 PM on the 3rd Thursday of each month (November 15th) at "The Crossing Steakhouse" located at the Old Norcross Train Station at 40 S Peachtree St, Norcross, GA 30071. Call Charles de Andrade at 772-584-1578 for additional information.

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ART FROM THE HEART ARTIST MARKET -NOVEMBER 15 -17, 2018 St. Bede's Episcopal Church 2601 Henderson Mill Rd, Atlanta, GA 30345. Opening Party Thursday, November 15, 6:30-9:30pm \$10 per person - hors d'oeuvres, beverages & early shopping. **Market Days Friday & Saturday, 10am-5pm** No admission charge • Food and drinks for sale. Sponsored by Church of Our Saviour & St. Bede's

Scribblers-Decatur meets at 6:30 PM on the 4th Wednesday of each month (November 28th) at Mission Haven located at 235 Inman Drive, Decatur, GA 30030. Call Clair Hertzler at 404-357-2108 for additional information.

Are You Financial Fit? Learn time-tested principles that can build unshakable financial security and reduce family conflict around money. This 9-hr. workshop will teach you all **three aspects of personal finance: defense, offense, and playing field.** Learn the simple, easy-to-apply principles that can help you shore up your resources, get out of debt, and build stability for a more secure future. **To register call Center for Dispute Solutions 404-991-0072** or email drickv@centerfordisputesolutions.com

NAMI DeKalb is hosting Family-to-Family a FREE 12- week course for family caregivers of individuals with serious mental health condition. The course is taught by trained family members and focuses on schizophrenia, bipolar disorder, major depression, panic disorder, borderline personality disorder, posttraumatic stress disorder and obsessive-compulsive disorder. **Education program starts soon contact Dianne Hiltman at namidiannehiltman@gmail.com or 678-468-9430** www.namidekalb.com

NAMI DeKalb is hosting Connections (Peer) Support Groups for those living with mental health conditions, and Family Support Groups for family members. **Please join us at any of our free support groups; times and locations on our website: www.namidekalb.com.**

FREE EFT TAPPING CIRCLE. NEW 2018 DATES AND TIMES: 11/3 SATURDAYS 11 AM-12:30 PM, Sage Center, 2849-B Henderson Mill Road, Atlanta GA 30341. EFT is fast and effective at reducing anxiety, stress, anger, phobias, pain and more. Everyone is welcome. For more EFT information and events, please visit MelissaLesterOlson.com and MattWagnerLPC.com.

Wealthy Habits camps are designed to empower students (ages 11+) with the tools and knowledge necessary to make smart financial decisions! Camps are fun and create a lasting impact on student's thoughts about money that both students and parents will love! **To register visit: www.WealthyHabits.org. Coupon Code: WHHOME for 10% off**

MEMOIR WRITING WORKSHOP Have you always wanted to write a memoir about your life but struggled with structure? Come socialize with likeminded folks at Downtown Sandwich Shoppe in Duluth and work one-on-one with an experienced editor! For more details on upcoming events, visit meetup.com/supportedsuccess or contact the organizer (Abigail Davis) at **770.864.2124**

Healing After "I Don't"--Divorce Support Group -- If you are considering, in the middle of, or have experienced divorce and would like to start the process of healing, please contact Lisa Wilson, facilitator and Sage Center Counselor at lisawilsonlape@gmail.com or **678-902-5472.** Meetings are held on the **1st and 3rd Thursdays from 7:00 pm - 8:30 pm** and the **2nd and 4th Saturdays from 11:30 am - 1:00 pm.** Cost: \$20/session. To learn more about Sage Center's services, go to www.SageCenterAtlanta.com.

VOLUNTEERS NEEDED: Jewish Family & Career Services' One Good Deed Program is looking for caring, compassionate individuals to visit twice a month with older adults. One Good Deed volunteers help their older friend with simple tasks, running errands, having lunch or simply visiting, to create a bond that impacts both the volunteer and their older adult in ways that can't be measured! For more information, visit www.jfcsatl.org/onegooddeed or call Sharon at **404-274-2431.**

JOB NETWORK. Are you unemployed and searching for a job, or anticipating a job change? We have a team in place to help you define your skills, to give opportunities for you to hear job search techniques, and to broaden your network of contacts. We meet at **Parkview Church**, located at 4875 Lilburn-Stone Mountain Rd., Lilburn, on the **first Saturday of each month, from 9:00-10:30am.** For more information, call Crayton at **404-697-7547.**

HALCYON HOSPICE hosts a Bereavement Support Group -- This is a place where you can be with others processing through grief, each feeling for the other and supporting each other. Just come as you wish ~ we're here for you. Please meet us at Arbor Terrace, 425 Winn Way, Decatur, GA 30030 In the Sunroom~2nd Floor on the Last Thursday of Each Month 10am-11:30am. For additional information contact Melvin Bell at 404-801-6935

WE LOVE OUR VOLUNTEERS: Halcyon Hospice is looking for compassionate and caring people looking to enrich the lives of hospice patients and their families. Our volunteer provide companionship, music and pet therapy, caregiver relief etc. For more information please contact our Volunteer Coordinator, Terry Preston at 678-651-1440.

Become a Mediator Have you ever thought about being a professional mediator? Do you have natural skills helping people through difficult situations? Become a registered mediator for the State of Georgia. **Enter the exciting career of mediation by attending the next Georgia Approved 40 hr training class.** Call Dr. Rick Voyles at 404-991-0072 or visit www.centerfordisputesolutions.com/calendar/

Joe Evans Respite Care Center...Are you tired? Do you need some help with your senior adult? Come take a look at our center! We are open from 10am thru 3 pm Tuesdays thru Thursdays. \$30 per day including morning snack and hot lunch. **Call us! Helen Wilborn, Director 404-317-0613** or hwilborn@eastminster.us. www.eastminster.us

OVER 55? Join Lifespan Resources. Got four hours to give? Take an elder to the doctor. Become a **MET volunteer driver** and exercise your heart. Still learning? Fun in the Session has classes on travel, history, authors and technology. Sign up for **Lifespan Academy** and exercise your brain. All about us atlifespantlanta.org. Call 404-237-7307.

DANCE * MUSIC * THEATRE * ART -- Academy of Arts - Smoke Rise Baptist-- 5901 Hugh Howell Road in Stone Mountain. www.smokerisebaptist.org/arts - 678-533-0562. artacademy@smokerisebaptist.org

Become an AARP Driver Safety Course Instructor! As a volunteer instructor you will organize and teach Driver Safety courses at community centers, libraries, hospitals or senior centers. **All teaching materials and resources will be provided.** Feel good in helping to build communities of safe drivers. To volunteer as instructor or find a class near you please visit <http://www.aarp.org/drive>.

The Monthly Crossword

Solutions To
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